

## Painting Taster Exercise

### **Free Up Your Painting!**

#### **Pre session**

It is a good idea to prepare your paper with primer beforehand and wait for it to dry. You can use gesso from an art supplier or white household emulsion paint will work too.

#### **Instructions**

1. Tape off a large piece of paper into 4-6 squares. Tape around the edges first and then lay tape vertically and horizontally to make your squares. (Use primed paper if using acrylics, not for watercolour)
2. Choose any 3 colours, white and black (optional) in acrylics, watercolours or oils - although remember oils are slow drying!
3. Now paint the whole paper for no longer than 45 minutes. Ignore the tape.
4. Use whatever tools you want. See how many colours you can mix out of this limited palette – see how many different marks you can make.
5. Use a hairdryer to dry the paint if it is getting too muddy.
6. When the 45 minutes is up, pull off the tape to reveal smaller pieces.

#### **Once dry take off your tape and consider:**

1. How you might develop these individual sections further
2. Make paintings from the sections
3. Live with these for a bit and start another from scratch - it's up to you.

#### **Share your results**

If you would like to share your results with me then please email them to [claire@clairewinfield.art](mailto:claire@clairewinfield.art) I'd be really interested to see how you got on.